



JANUARY 2024

Grand Meadow Schools

All student meals are FREE
Milk: \$0.50 (Milk is not free, unless
part of a complete meal)
Extra Entrée: \$2.00
Adult Lunch: \$4.95

Monday

NO SCHOOL

HAPPY NEW YEAR'S

Tuesday

Cheese Pizza OR
Philly Cheesesteak on Hoagie
Baked Beans
Romaine Lettuce
Broccoli Salad
Baby Carrots
Grapes
Applesauce

Wednesday

Super Nachos OR
*Crispy Chicken Strips
Mixed Veggies
Romaine Lettuce
Diced Tomatoes
Cucumber Coins
Banana
Canned Peaches
*Dinner Roll for Grades 9-12

Thursday

Tater Tot Hot Dish OR
Hamburger Gravy w/ Mashed Potatoes
Garlic Knot
Steamed Carrots
Caesar Salad
Red Pepper Strips
Celery Sticks
Apple Slices / Pineapple Tidbits

Friday

Spicy Chicken on WG Bun
OR Hamburger on WG Bun
Seasoned Potato Wedges
Romaine Lettuce
Sliced Tomatoes
Fruit & Veggie Variety

Lasagna w/ Garlic Toast
OR Breaded Pork Patty on WG Bun
Steamed Peas
Romaine Lettuce
Cauliflower Bites
Cucumber Coins
Grapes
Applesauce

*Popcorn Chicken Bowl OR
Corn Dog on a Stick
Steamed Corn
Romaine Lettuce
Baby Carrots / Cherry Tomatoes
Apple Slices
Pineapple Tidbits
*Biscuit for Grades 9-12

Grilled Cheese OR
Hot Dog on WG Bun
Sweet Potato Fries
Romaine Lettuce
Red Pepper Strips
Broccoli Bites
Banana
Canned Peaches

Cheese Quesadilla OR
Chicken Fajita on WG Tortilla
Brown Rice / Refried Beans
Romaine Lettuce
Diced Tomatoes
Celery Sticks
Orange Wedges
Canned Pears

Max Cheese Sticks w/ Sauce OR
BBQ Chicken on WG Bun
Mixed Veggies
Fruit & Veggie Variety

Orange Chicken
OR Chicken Enchilada
Brown Rice
Romaine Lettuce
Cauliflower Bites
Baby Carrots
Orange Wedges
Canned Pears

Crispy Chicken Wrap
OR Beef Taco on Tortilla
Tater Tots
Cowboy Caviar w/ Scoops
Romaine Lettuce
Diced Tomatoes
Grapes
Applesauce

Pepperoni Pizza
OR Ham, Turkey, & Cheese Sub
Baked Beans
Romaine Lettuce
Sliced Tomatoes
Cucumber Coins
Banana
Mandarin Oranges

Chicken Gravy on Biscuit
OR Fish on WG Bun
Mashed Potatoes
Mandarin Orange Fluff
Fruit & Veggie Variety

NO SCHOOL
TEACHER WORK DAY

Breaded Chicken Patty on WG Bun
OR Cheeseburger on WG Bun
French Fries
Romaine Lettuce
Sliced Tomatoes
Broccoli Bites
Orange Wedges
Canned Pears

Walking Taco OR
Chicken Quesadilla
Refried Beans
Steamed Corn
Romaine Lettuce
Diced Tomatoes
Baby Carrots
Fresh Fruit Medley / Applesauce

Chicken Nuggets OR
*Salisbury Steak
WG Cookie
Mashed Potatoes
Romaine Lettuce / Cucumber Coins
Radishes
Banana / Canned Peaches
*Dinner Roll for Grades 9-12

Sloppy Joe on WG Bun
OR Cheese Ravioli w/ Sauce
& Breadstick
Steamed Broccoli
Romaine Lettuce
Celery Sticks
Red Pepper Strips
Grapes / Mandarin Oranges

Pizza Burger OR
BBQ Chicken Drumstick
w/ Dinner Roll
Baked Beans
Fruit & Veggie Variety

Meatsauce OR Chicken Alfredo
Penne / Breadstick
Steamed Broccoli
Caesar Salad
Red Pepper Strips
Celery Sticks
Grapes
Mandarin Oranges

Italian Dunkers w/ Sauce
OR BBQ Riblet on WG Bun
Steamed Peas
Romaine Lettuce
Radishes
Baby Carrots
Apple Slices
Pineapple Tidbits

Cinnamon Glazed French Toast
w/ Sausage OR Hot Ham & Cheese on
WG Bun
Crispy Tri-Taters
Chilled Vegetable Juice
Romaine Lettuce / Cherry Tomatoes
Cucumber Coins
Orange Wedges / Warm Apple Slices

Items Italicized are new menu items!

Students must take a min. of 1/2 cup of fruit OR vegetable each day. All breads and pastas are a min. of 51% whole grain. Milk offered will be skim white, 1%, or chocolate.

This menu is subject to change based on factors outside of our control. Factors such as supply chain issues, weather, school delays and/or cancellations.

USDA is an equal opportunity provider & employer.